

Suicide Prevention is Everybody's Business

QPR is the CPR of Suicide Prevention!

Like CPR, QPR is a simple evidence-based process that anyone can learn to use. Learning QPR can help save the life of someone thinking about suicide.



Question



Spot warning signs of suicide and start a conversation with the person at risk.

Persuade



Assist the person at risk to seek help.

Refer



Make a referral to a provider that can help.

Join us for a FREE training!

Wednesday October 30th, 2019

8:00 — 9:30 am

Location: Eau Claire Area Chamber of Commerce

101 N Farwell St, Suite 101, Eau Claire, WI

Register online at: <https://bit.ly/2mhnmpI>